Health Related Quality of Life and Well-Being Measures

**Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?**

**Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?**

SCORE = # days physical health not good**/** # days mental health not good